

# Behavioral Health Homes & Opioid Health Homes

The future is now. Any successful healthcare integration effort must first start with the person. Michigan's public mental health system is the leader in person-centered care.

The Behavioral Health Home (BHH) and Opioid Health Home (OHH) provides comprehensive care management and coordination of services to Medicaid beneficiaries with a serious mental illness, serious emotional disturbance or opioid use disorder.

For enrolled beneficiaries, the BHH or OHH will function as the central point of contact for directing person-centered care across the broader health care system. Beneficiaries will work with an interdisciplinary team of providers to develop a person-centered health action plan to best manage their care.



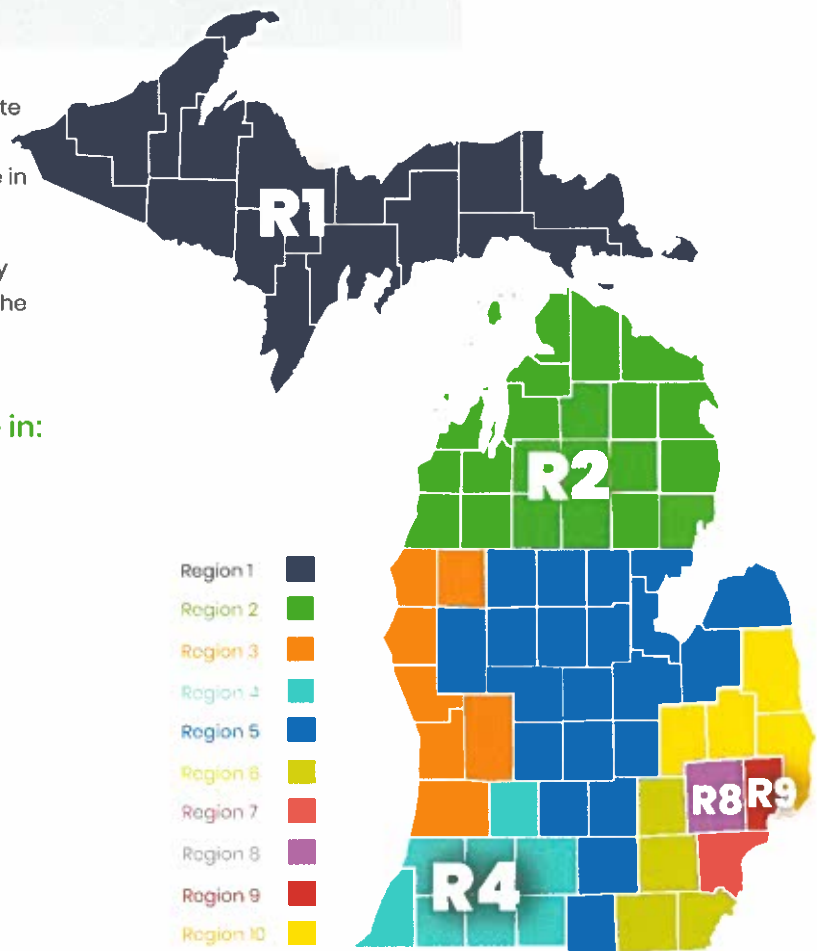
## Goals for Behavioral and Opioid Health Homes

Michigan has three goals for the BHH and OHH programs:

- 1 Improve care management of beneficiaries with serious mental illness, serious emotional disturbance, or opioid use disorder
- 2 Improve care coordination between physical and behavioral health care services
- 3 Improve care transitions between primary, specialty and inpatient settings of care

BHH and OHH have demonstrated great cost savings for the state (\$103-366 per member, per month savings), thus the Michigan Department of Health and Human Services expanded coverage in the fiscal year of 2021 budget.

It is conservatively projected that when these programs are fully implemented, the BHH will serve up to 20,000 beneficiaries and the OHH will serve up to 5,000 beneficiaries throughout the state.



### Behavioral Health Homes operate in:

\*PIHP stands for prepaid inpatient health plan

- The upper peninsula (PIHP Region 1)
- The northern lower peninsula (PIHP Region 2)
- The east side of the state (PIHP Region 8)



### Opioid Health Homes operate in:

- The upper peninsula (PIHP Region 1)
- The northern lower peninsula (PIHP Region 2)
- The west side of the state (PIHP Region 4)
- The east side of the state (PIHP Region 9)

## Real Life Outcomes – Federally Required Core Health Home Metrics

- BHH enrollees showed greater cost reductions

19% decrease in costs per member/per month – around \$103 per member/per month

- Increased seven-day follow-up appointments after hospitalization—leading to reduced wait time for care
- Decreased inpatient hospitalization
- Decreased inpatient hospital length of stay
- Decreased hospital re-admissions
- Increased screenings for adult body mass
- Increased initiation and engagement of alcohol or other drug dependence treatment
- Decreased healthcare expenditures overall
- Increased community education and preventative measures



## Delivery System Transformation and Behavioral Health Integration

The future is here. There are steps lawmakers and providers can take to continue serving our most vulnerable citizens. These steps help existing programs that already demonstrate patient-centered care, cost savings, and are backed by the Michigan Department of Health and Human Services.

- **OVERCOME** traditional barriers of care by continuing integration of Michigan's physical and specialty behavioral health delivery systems
- **INCREASE** communication between systems of care to result in greater care coordination for people
- **UTILIZE** an innovative payment model including a bundled case rate and value-based payments to maximize savings